

Autumn 1 Medium Term Plan

Class: Mint Topic: Me, Myself and I



<u>Independence</u>	Understanding the World	<u>Art</u>	<u>Music</u>	<u>P.E.</u>	School Food Technology
Most Children will: *Recognise the names of smaller body parts e.g elbow *Find/point to body parts on their own body *Find/point to body parts on someone else's body *Name some parts of their body Some Children will: *Begin to observe their own body e.g. watching their own hands *Point to main features on their face/body when asked.	Most Children will: *Meet and greet people in an appropriate way *Show an awareness that they have similarities and differences that connect them to, and distinguish them from, others. *Show interest in the lives of people who are familiar to them *Show interest in different occupations and ways of life. *Begin to recognise differences in people. Some Children will: *Be curious about people and show interest in stories about themselves and family. *Enjoy pictures and stories about themselves, families and other people. *Have a sense of own immediate family and relations. *Imitate everyday actions and events from their own family and cultural background	* Put an apron on and take it off independently *Stick a range of materials. *Use plasticine/dough to sculpt. *Tolerate wearing an art apron *Explore a range of materials using hands and feet. *Tear material, accidently or with intent, and examine the result. *Scrunch paper and examine the result.	*Learn the song Hey You *Listen to different timbres of different instruments. *Explore the different sounds of instruments *Play instruments with increasing control to express feelings and ideas. *Begin to show preference for different music. *Use dominant hand when playing musical instruments. *Practise using two beaters on tuned instruments. Some Children will: *Experience different musical sounds. *Explore a range of musical instruments. *React to sounds made by themselves *Explore how sounds can be made.	Most Children will: *Move safely in a space showing an awareness of others and objects around them *Vary their pace and speed *Jog in a straight trail. *Change direction *Perform different types of jumps Some Children will: * Show the difference between walking and running *Transition from running to walking *Run from a start point to an end point * Begin to balance on one leg *Jump up and down on the spot	Most Children will: *Fill a jug with water, knowing when to stop. *Pour water from a jug into smaller cups. *Pour cereal into a bowl, putting excess cereal back into box if needed. *Pour milk onto cereal, into a bowl -pour with control, knowing when to stop. *Use an electric whisk with support-Holding the bowl with their non-whisking hand (may require some hand over hand) Some Children will: *Fill and empty jugs and containers (water/sand/cereal etc). *Pour water/sand/cereal etc into a range of containers. *Use cups to pour cereal into a bowl. *Use cups to pour milk into a bowl. *Use a wooden spoon to mix. *Hold a bowl with their non-mixing hand.